

Free School Meals

Free school meals are available to pupils in receipt of, or whose parents are in receipt of, one or more of the following benefits:

- Universal credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income support
- Income-based jobseeker's allowance
- Income-related employment and support allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of pension credit
- Child tax credit (provided you're not also entitled to working tax credit and have an annual gross income of no more than £16,190)

● Working tax credit run-on – paid for four weeks after you stop qualifying for working tax credit

In addition, the following pupils will be protected against losing their free school meals as follows:

- From 1 April 2018, all existing free school meals claimants will continue to receive free school meals whilst universal credit is rolled out. This will apply even if their earnings rise above the new threshold during that time

- In addition, any child gaining eligibility for free school meals after 1 April 2018 will be protected against losing free school meals during the universal credit rollout period

- Once universal credit is fully rolled out, any existing claimants that no longer meet the eligibility criteria at that point (because they are earning above the threshold or are no longer a recipient of universal credit) will continue to receive free school meals until the end of their current phase of education (i.e. primary or secondary). The universal credit rollout is currently expected to complete in March 2023.

Infant free School Meals

All children in key stage 1 (reception class, year 1 and year 2) are automatically entitled to have a free school meal. You don't have to apply for universal infant free school meals. However in order for your child's school to recognise who is eligible for universal meals, and who qualifies for government free school meals for funding purposes, we encourage all parents who meet the eligibility criteria for government free school meals to apply.

www.gov.uk/apply-free-school-meals

Every day children will be able to choose from the following options:

- Jacket Potatoes with a choice of Cheese/Beans/Tuna Mayo all served with a side salad
- Sandwiches with a choice of Ham, Tuna or Cheese filling, crisps and Cucumber & Carrot Sticks
- Wraps with a choice of Ham, Tuna, Cheese filling, salad and a choice of crisps.
- Fresh fruit, Salad bar and fresh bread available daily

Food Allergen & Intolerance Information:

Before ordering please speak to our staff about your requirements. The menu may vary on promotional days.

St Laurence CE Primary School



Menu



FreshFood

Autumn 2025

Telephone: 01584 872766

Email: admin@st-laurenceprimary.com

Book meals via: www.eduspot.co.uk



School Menu – Balanced & Nutritious in Guidance with The DofE School Food Standards

Week Commencing	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 10/11/25 01/12/25	Cod Fish Fingers, Salmon Fingers, Fishcake or Quorn Fishless Fingers, Gluten Free Fish served with Pasta or Mash Potato Peas or Sweetcorn Sponge Cake, Yoghurts & Fruit	Pork & Carrot Meatballs (gf) or Quorn Balls served with Pasta & Garlic Bread Cheese & Tomato Pasta Bake Green Beans or Carrots Mini Donuts, Yoghurts & Fruit	Sliced Topside of Beef or Roast Chicken or Vegan Sausage/Quorn Fillet served with Roast & Mashed Potato Selection of Vegetables Yorkshire Pudding & Gravy Cookies, Yoghurts & Fruit	Hot Dog or Vegan Dog served with Chips Sweetcorn or Beans Chicken Fajitas Blueberry Muffins, Yoghurts & Fruit	Margarita, Hawaiian or Pepperoni Pizza on a Whole Meal Base, Vegan or Gluten Free Pizza served with Potato Smiles Assorted Vegetable Sticks or Coleslaw Fruit Jellies, Fruit Pots, Fruit Salad, Watermelon Slices & Yoghurts
Week 2 17/11/25 08/12/25	Breaded Chicken Goujons, Quorn Nuggets or Vegetable Bake served with Noodles Cottage Pie Beans or Sweetcorn Raspberry Cupcakes, Yoghurts & Fruit	Chicken Tikka Masala, Rice Naan Bread Macaroni Cheese & Fresh Bread Broccoli or Carrots Mousse, Yoghurts & Fruit	Sliced Topside of Beef or Roast Chicken or Vegan Sausage/Quorn Fillet served with Roast & Mashed Potato Selection of Vegetables Yorkshire Pudding & Gravy Sponge & Custard, Yoghurts & Fruit	Big Breakfast: Sausage, Bacon, Scrambled Egg Hash Browns, Beans, Tomatoes & Mushrooms Vegetarian Omelette Breakfast Sausage & Chips Pancakes, Yoghurts & Fruit	Margarita, Hawaiian or Pepperoni Pizza on a Whole Meal Base, Vegan or Gluten Free Pizza served with Pasta Sweetcorn or Vegetable Sticks Fruit Jellies, Fruit Pots, Fruit Salad, Watermelon Slices & Yoghurts
Week 3 03/11/25 24/11/25 15/12/25	Build your own Beef/Veggie Burger served with Potato Wedges Pizza Sub Salad or Beans Flapjack, Yoghurts & Frut	Cod Fish Fingers, Salmon Fingers, Fishcake or Quorn Fishless Fingers, Gluten Free Fish served with Pasta or Mash Potato Peas or Sweetcorn Fruit Crumble & Custard, Ice cream, Yoghurts & Fruit	Sliced Topside of Beef or Roast Chicken or Vegan Sausage/Quorn Fillet served with Roast & Mashed Potato Selection of Vegetables Yorkshire Pudding & Gravy Cookies, Yoghurts & Fruit	Pork & Carrot Meatballs (gf) Quorn Balls served with Pasta Cheese & Tomato Pasta Bake & Garlic Bread Green Beans or Carrots Crackers with Cheese or Jam, Ice cream, Yoghurts & Fruit	Margarita, Hawaiian or Pepperoni Pizza on a Whole Meal Base served with Chips Sweetcorn or Coleslaw Fruit Jellies, Fruit Pots, Fruit Salad, Watermelon Slices & Yoghurts