

St Laurence's CE Primary School – Physical Education and Sport Plan 2016-17

Overview of programme

	Autumn 2016				Spring 2017				Summer 2017			
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Year 1	Swimming	Gymnastics	Swimming	Dance	Gymnastics	Dance	Gymnastics Body and space awareness	Multi Sports Ball Skills	Strike and Field Basic Rounders	Invasion/ Racket Games Tennis	Athletics Track and Field	Athletics Track and Field
Year 2	Multi Sports	Dance	Gymnastics	Gymnastics	Dance	Swimming	Invasion Games	Swimming	Strike and Field Games	Strike and Field Games	Athletics Track and Field	Athletics
	Ball Skills Body and space awareness		Floor	Apparatus			Basic Skills Hockey Football Netball		Basic Skills Rounders Cricket			Basic skills Rounders Cricket
Year 3	Invasion Games	Invasion Games	Gymnastics	Invasion Games	Dance	Swimming	Invasion Games	Swimming	Strike and Field	Strike and Field	Invasion/ Racket Games	Athletics
	Netball	Football	Floor and Apparatus	Hockey			Tag Rugby		Rounders			Cricket
Year 4	Invasion Games	Invasion Games	Swimming	Gymnastics	Dance	Invasion Games	Strike and Field	Invasion Games	Strike and field	Strike and Field	Invasion/ Racket Games	Athletics
	Netball	Hockey	Floor and Apparatus	Floor and Apparatus			Tag Rugby		Cricket SCB Coach			Football
Year 5	Swimming	Invasion Games	Gymnastics	Invasion Games	Invasion Games	Dance	Invasion Games	Invasion Games	Strike and Field	Strike and Field	Invasion/ Racket Games	Athletics
	Outdoor Pursuits 3 Day Residential Pioneer Centre/OVAC		Floor and Apparatus	Football			Tag Rugby		Hockey			Football/ Netball
Year 6	Gymnastics	Invasion Games	Dance	Invasion Games	Swimming	Invasion Games	Swimming	Invasion Games	Strike and Field	Strike and Field	Invasion /Racket Games	Athletics
	Floor and Apparatus	Football	Bike ability 2 Day Course	Netball			Tag Rugby		Hockey			Rounders
After School	Infants Multi Sports Juniors Cross Country Juniors Football Yr6 Tennis Yr3/4 Netball Yr5/6 Netball		Wednesday 3.30-4.30 Thursday 3.30-4.30 Friday 3.30-4.30 Thursday 3.30-4.30 Monday 3.30-4.30 Friday 3.30-4.30 Autumn 2 3.30-4.15		Infants Multi Sports Juniors Cross Country Juniors Football Yr3/4 Netball Yr5/6 Netball Spring 1 3.30-4.15		Wednesday 3.30-4.30 Thursday 3.30-4.30 Friday 3.30-4.30 Monday 3.30-4.30 Friday 3.30-4.30		Infants Multi Sports Juniors Cricket Juniors Rounders Junior Athletics Junior Tennis		Wednesday 3.30-4.30 Thursdays 3.30-4.30 Monday 3.30-4.30 Friday 3.30-4.30 Tuesday 3.30-4.30	

Festivals & Tournaments	Junior Indoor Netball/ Football Leagues YR 5/6 Shrewsbury Town Football Tournament Junior Cross Country Bedstone YR 3 Football Festival YR 5/6 Hockey Tournament YR 5/6 Tag Rugby Regional Tournament Juniors Cross Country Moor Park	Yr 2 Multi sports SSLC Junior Netball/ Football Leagues Juniors Indoor SCB Cricket Tournament Juniors Cross Country Lucton Juniors Moor Park Netball/ Football Tournament Yr 4 Quick sticks Festival Juniors TAGFEST Tournament Luctionians RC Juniors 8 a side Football Tournament Juniors Regional Athletics	Rec/Yr1 Fundamentals SSLC Juniors Rounders Regional Tournament Juniors Regional Kwik Cricket Tournament Juniors Swimming Gala Juniors Athletics Festival Primary School Games Shrewsbury
------------------------------------	---	--	---