



NEWS

Book Fair

The book fair is in school and is open after school until next Wednesday. There is still plenty of time to come and buy some Christmas presents.

We are extremely grateful to all the parents who have already helped to organise it after school and to those who are coming in next week. Thank you all for saying yes! It's lovely to have some more parents helping in school.



Healthy Eating and Healthy Lifestyles

On Tuesday, we received a visit from Mrs S Lewis, an Ofsted inspector, who is leading a research study on how schools help children to think about leading a healthy life style.

There are interesting statistics in a recent government document, "Childhood Obesity- A plan for Action" which states that: *"Today nearly a third of children aged 2 to 15 are overweight or obese, and younger generations are becoming obese at earlier ages and staying obese for longer. Reducing obesity levels will save lives as obesity doubles the risk of dying prematurely. Obese adults are seven times more likely to become a type 2 diabetic than adults of a healthy weight which may cause blindness or limb amputation, and not only are obese people more likely to get physical health conditions like heart disease, they are also more likely to be living with conditions like depression."*

You are no doubt aware that we are keen to promote a balanced approach to healthy living at St Laurence's, and that a good deal of our curriculum and our extra-curricular programme is linked to healthy eating and PE and Games.

Mrs Lewis came to the school and scrutinised all that we do, and she was very complimentary in her feedback. Although this wasn't an official Ofsted inspection, it was a chance for us to share our work with someone who is at the forefront of this current issue. Part of the school ethos is to nurture all our pupils, helping them to make informed decisions as they grow up - is a vital part of what we do.

During the day, Mrs Lewis talked to the staff, governors (Olivia Stephens and Emma Small) and also to the children. She sat with the children during the lunch hour and was keen to find out what they had chosen to eat from the school canteen or what was in their lunch boxes. She also watched the children at break times and we were pleased to see our Y6 pupils confidently leading the Jumping Jaxx activities with the younger children.

She talked to children from Y2 to Y6 about their own understanding of this topic and they were able to share all that they know and all that they do in school. Mrs Lewis said afterwards that she could see that the children had a very good understanding of why they needed to eat a healthy balanced diet and why they should exercise regularly. We are very proud of the fact that our children were able to articulate their thoughts clearly and they definitely 'did us proud'!

The older children said that they would like to take part in forest schools all the way through school and that is an idea that we are looking into.

A quick survey of the children in KS2 showed that 80% of the children participate in our sports clubs and team events. The children at St Laurence's are very lucky that there is such a fantastic sporting programme offered during the week. Miss Lee does an excellent job organising our PE and Games programme across the school and she, along with Mr O'Riley and all the teachers, are providing the children with a great opportunities. This week also saw the start of the Y1 and Y2 Yoga club – and I think many of the staff wanted to join in too. Hopefully this year we will also be able to offer a dance club. Once again, if there are any parents who feel they could help run, or help to run an after school club, please get in touch with the school office - it doesn't have to be a sport.

As part of the research, there is an online parental survey and there are links to this on https://www.surveymonkey.co.uk/r/Thematic_study_on_obesity_healthy_eating_and_physical_activity_-_Parents

It was an extremely positive experience for the school and it confirmed that the children are receiving a broad and balanced education here at St Laurence's.



Live Music

On Wednesday morning, a group of four musicians performed to the whole school. They are all part of the Shropshire Music Service which provides many of our peripatetic music teachers. They sang a variety of songs and the children joined in with some of them. The highlight of the concert was when a huge harp was brought in. The children were absolutely mesmerised as the lady played it. It is not often that we have a chance to see this instrument played in school.

It has been another eventful week at school, and by the end of Friday, the Y5 and Y6 hockey team will have participated in a tournament at Ludlow School.

Have a lovely weekend. Enjoy any fireworks and stay safe.

Kate Gilford, Deputy Head



Announcement

We are very pleased to announce that Mrs Harding is moving from St. Laurence's to take up the management of Nursery at Clee Hill Academy.

We are delighted in the news of her promotion and also saddened by the fact that we will be losing an exceptional and popular member of staff who has been a dedicated servant to St. Laurence's School over the past 15 years. We wish her well in her future career.

Little Treasures

This week in nursery we have created our own cave. Children have to write their names to enter and explore using torches.

We have also shared the story of Room on the Broom at Forest Schools and made our very own broomsticks to zoom around on.

We have also made delicious chocolate apples ready for bonfire night. We visited the reception class to play in their outdoor environment which everyone really enjoyed!

Fantastic afternoon of hockey Boys team winning all of their matches and conceding no goals. Girls team winning 2, drawing 1 and only 1 loss. We will be taking a mixed team through to the next round 🏆🏆



WANTED



Do you have a morning or afternoon free?

We are looking for parents to listen to children read in Year 1. If you are interested please speak to the Y1 Teachers/TA

November

8th Year 4 Class Assembly – 9.15am

15th Year 6 Class Assembly – 9.15am

16th NSPCC & Children in Need - MUFTI - £1

(Wear **Green**- as much as you can - school jumpers don't count!)

24th MUFTI (own clothes)

In return for a prize for the winter market tombola

December

1st Winter Market

5th Reception Class Christmas Performance – AM

6th Year 1 & Year 2 Christmas Performance – AM

7th Year 1 & Year 2 Christmas Performance – AM

13th School Christmas Lunch

13th Christmas Jumper Day - £1

13th KS2 Christmas Carol Concert at St. Laurence's Church – 6PM

14th KS2 Disco 6 -7.30pm

15th Pantomime for the whole school



After School clubs – Autumn 2017

Club	Age group	Day	Time 3.30 – 4.30	Teacher
Top Play	KS1	Monday	After school	Sportsjam
Netball	Y3 & Y4	Monday	After school	Mrs Harding
Orchestra	KS2	Tuesday	After school	Mrs Kirkland
Cookery Club	Y2 & Y3	Tuesday	After School	Mrs Mackley
Cross Country	KS2	Wednesday	After school	Mrs James
Yoga Club	Y1 & Y2	Wednesday	After School	Miss Thurgood
Hockey	KS2	Thursday	After school	Mrs Caine
Football	Year 3/4 Boys & Girls	Friday After half term	After school	Sportsjam
Netball	Y5 & Y6	Friday	After school	Mrs Gilford & Mrs Berry

Swimming Autumn Term
KS1 (Year 1 & Year 2) – Thurs. PM
 continues after half term.
Year 6
 Group B – Wednesday's PM



Happy Birthday November

Charlie Chater-Humphreys
 Freya Megrail
 Shaniece Badlan



The Daily Mile
Lunchtimes 1 -.15pm
Don't forget your wellies!



Our Value Creativity

Share with someone a gift God gave you when you were born.
 In the beginning, God created the heavens and the earth.
 Genesis 1:1
 'Creativity is intelligence having fun'.
 Albert Einstein